

**OBS632** 

## P.E.C. Core Refresher

Duration	1 day
Target group	Offshore personnel renewing P.E.C. Core Compliance certifications
Prerequisites	Previous completion of P.E.C. Core Compliance is required for this course.
Objective	P.E.C. Core Refresher ensures up-to-date instruction in the safety topics most commonly required by operators in pre-qualification surveys and training matrices. Students review P.E.C. Core Compliance topics and refresh their understanding of the terms and practices necessary for a safe work environment. This course reinforces a workers knowledge of safety and the commitment to help prevent accidents, work safely, and achieve compliance with OSHA regulations. Students will be reminded of hazards they may encounter in the workplace, and some best practices to mitigate

**Contents** Standards Covered:

- 29 CFR 1910 Subpart D - 29 CFR 1910.1030(g)(2) - 29 CFR 1910.1020 - 29 CFR 1910.120(q)(6)(i) - 29 CFR 1910.1200(h)(1) - 29 CFR 1910.132(f) - 29 CFR 1910.134(k) - 29 CFR 1910.146(g) - 29 CFR 1910.147(c)(7) - 29 CFR 1910.155(č)(41) - 29 CFR 1910.157(g)(1)(2)(4) - 29 CFR 1910.332(b)(1) - 29 CFR 1910.38 - 29 CFR 1910.95(k) - 29 CFR 1926.651 - 49 CFR 172.704 - ANSI Z390.1-2006 - API RP T-1 - SafeGulf SafeLandUSA™

P.E.C. Core Refresher meets minimum requirements for refresher training in the following components:

- Drugs and Alcohol

those hazards. Students will also review their rights under OSHA and how those rights apply to the workplace. This annual refresher course will keep worker knowledge up to date and provides all refresher instruction as required by OSHA for topics covered in P.E.C. Core Compliance.

- Back Safety - Behavior Based Safety - Communication - Confined Space

(Entrant/Attendant/Supervisor) - DOT Hazardous Materials

- Electrical Safety (Non-qualified) - Emergency Response - Excavation and Trenching - Fall Protection - First Aid - Hand Safety - Fire Safety

- Fork Lift - Hazard Communication (including the GHS)

Hazard Identification
Hazardous Waste Operations (Awareness/Operations Level)

- Hearing Conservation - Housekeeping Hydrogen Sulfide (H2S) - Incident Reporting - Job Safety Analysis (JSA)

- Incident Reporting and Investigation - Job 9
- Lockout/Tagout (Control of Hazardous Energy)
- Marine Debris/All Washed Up - Medic - Medical Records

- Motor Vehicle Safety - Occupational Health Hazardous - Office Safety - Offshore

- OSHA Recordkeeping - Personal Protective Equipment (PPE)

- Respiratory Protection - SafeGulf and SafeLandUSA™ - Process Safety Management

- Process Salety Management - SafeGuil and Saletande - SafeGuil and Saletande - SafeGuil and Saletande - SafeGuil and Saletande - Syllabus Topics
- Safety and Environmental Management Systems (SEMS II)
- Scaffolding - Short Service Employees
- Stop Work Authority - Terrorism Response Awareness

Program
- Walking Working Surfaces and Elevated Work
- Welding, Cutting, and Brazing - Work - Work Permits

- Workplace Violence

## **Exam**

The candidate will be required to score a minimum competency of 80% on a written exam. Upon completion of the course, all students are issued a physical and digital P.E.C. ID card with their name, company name, picture, barcode, and completed course. All students are automatically entered into P.E.C.'s Advanced Training Tracker where your company's clients and auditors can view proof of employee orientation.