

Course code	RKK007
Course name	Fall Protection 4 hours
Duration	4 hours
Target group	This course is intended for personnel who will carry out short-term work assignments that require personal protective equipment against falls. The course is intended as a training in the use of specific equipment that is in use at the business.
Prerequisites	None.
Objective	The course is intended as a training in the use of specific equipment that is in use at the business.
Contents	The course covers the following topics: <ul style="list-style-type: none">- Introduction- Laws and regulations- Risk at work in height- Fall, fall forces and loads- Measures to reduce the risk of falls- Personal fall prevention measures and anchors- Measures to mitigate the consequences of falls, personal protective equipment (PVU)- Knowledge of emergency preparedness while working at heights
Exam	Written exam.