

RKK007

## Fall Protection 4 hours

<b>Duration</b>	4 hours
<b>Target group</b>	This course is intended for personnel who will carry out short-term work assignments that require personal protective equipment against falls. The course is intended as a training in the use of specific equipment that is in use at the business.
<b>Prerequisites</b>	None.
<b>Objective</b>	The course is intended as a training in the use of specific equipment that is in use at the business.
<b>Contents</b>	<p>The course covers the following topics:</p> <ul style="list-style-type: none"><li>- Introduction</li><li>- Laws and regulations</li><li>- Risk at work in height</li><li>- Fall, fall forces and loads</li><li>- Measures to reduce the risk of falls</li><li>- Personal fall prevention measures and anchors</li><li>- Measures to mitigate the consequences of falls, personal protective equipment (PVU)</li><li>- Knowledge of emergency preparedness while working at heights</li></ul>
<b>Exam</b>	Written exam.