

OBSBLE049

## **Basic Safety Training - Refresher Course (Norwegian) - Adaptive E-learning / Grunnleggende sikkerhetskurs – Repetisjon med Adaptive E-l ring**

---

<b>Duration</b>	1 day + 7 hours e-learning
<b>Target group</b>	Offshore personnel who have to repeat the Basic Safety and Emergency preparedness training.
<b>Prerequisites</b>	Valid OffshoreNorway Basic Safety and Emergency preparedness training course or equal training according to the Recommended guidelines for safety and emergency preparedness training 002.
<b>Objective</b>	<p>Update the course participants knowledge and ability to protect his/her safety in an emergency situation and promote safe behaviour. After completing the course, the participants should have maintained and updated knowledge and skills relating to:</p> <ul style="list-style-type: none"><li>-Correct safety behaviour</li><li>-Use of a hand-held fire extinguisher</li><li>-Lifesaving first aid</li><li>-Use of escape chute</li><li>-Correct use of survival suit with emergency breathing system</li><li>-Helicopter evacuation (HUET)</li></ul>
<b>Contents</b>	<p>Introduction Fire protection Sea survival First aid Helicopter evacuation</p> <p>The course mainly consists of practical training and drills.</p> <p>HSE culture/behaviour training will be integrated in the entire course.</p>
<b>Exam</b>	None. Delegates need to participate in, and complete, all modules

---