

OBS120

Bideltoid measurements

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| Duration | 1/2 hour |
| Target group | Personnel working on the Norwegian Continental Shelf who needs to travel onto the British sector. |
| Prerequisites | Valid Basic Safety Training course with underwater helicopter evacuation and a re-breathing system (or equivalent). |
| Objective | <p>All helicopter passengers travelling onto the UK Sector must take the bideltoid measurement in order to be seated nearest the push-out emergency exit window which is compatible with their body size.</p> <p>The measurement is taken with an approved set of calipers, by an approved measurer.</p> <p>Helicopter passengers with a shoulder width of more than 55.9cm (22") will be classified as extra broad (XBR), while those with a shoulder width of 55.9cm or less will be classified as 'regular'.</p> <p>At least 30% of seats on all helicopter types are suitable for XBRs.</p> |
| Contents | Bideltoid Measurement. |
| Exam | None. Upon completion the delegate will receive a certificate with their shoulder measurement. |