

OBS1065

Basic Safety Training - Refresher Course (Norwegian)

Duration	2 days
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Target group	Offshore personnel who need to repeat the basic training every four years.
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Prerequisites	Valid Norwegian Oil and Gas Basic Safety Training course or equivalent training valid according to Norwegian Oil and Gas Guideline 002.
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Objective	<p>The course aims to update the delegates' understanding and competence in order to ensure their own and other's safety, both while working and during a crisis.</p> <p>Upon completion, delegates should have maintained and updated their knowledge in the following areas:</p> <ul style="list-style-type: none">- Safe behaviour- Use of hand extinguisher- Life saving first aid- Using the escape chute- Correct use of survival suit with re-breathing system- Helicopter Underwater Escape Training (HUET)
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Contents	<p>The course follows the training guidelines issued by Norwegian Oil and Gas, and covers the following topics:</p> <p>Preventive safety/ protective work Fire protection Sea survival First aid Helicopter evacuation with the use of a re-breathing system.</p> <p>The course mainly consists of practical training and exercises.</p>
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Exam	None. Delegates need to participate in, and complete, all modules
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