

OBS1063

Basic Safety Training - Refresher Course (English)

Duration 2 days

Offshore personnel who have to repeat the Basic Safety and Emergency **Target group**

preparedness training.

Prerequisites Valid Norwegian Oil & Gas (NOROG) Basic Safety and Emergency

preparedness training course or equal training according to the Recommended guidelines for safety and emergency preparedness training

Objective Update the course participants knowledge and ability to protect his/her

safety in an emergency situation and promote safe behaviour.

After completing the course, the participants should have maintained and updated knowledge and skills relating to:

-Correct safety behaviour

-Use of a hand-held fire extinguisher

 -Lifesaving first aid -Use of escape chute

-Correct use of survival suit with emergency breathing system

-Helicopter evacuation (HUET)

Contents Introduction

Fire protection Sea survival First aid

Helicopter evacuation.

The course mainly consists of practical training and drills.

HSE culture/behaviour training will be integrated in the entire course.

Exam None