

MBSBLE025

## STCW medical first aid retraining

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**Duration** 1/2 day course + 1h e-learning

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**Target group** Requirements for seafarers providing medical first aid on board.

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**Prerequisites** Course participants must have completed a basic course in medical first aid according to Table A-VI/4-1 prior to participating in this course.

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**Objective** After the course, participants should be able to demonstrate competence as outlined in STCW Code Table A-VI/4-1. Participants should be able to provide immediate first aid in the event of an accident or illness on board.

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**Contents** The course contains theoretical preparatory work on e-learning, which must be completed before attending the course centre.

The course will go through:

- Recovery position
- CPR (Cardiopulmonary Resuscitation)
- Circulatory injuries
- Burns
- Transport/immobilization
- Bandaging
- Use of the contents of a medical kit
- Transportation of hazardous materials
- Poisonings
- Recognizing symptoms and clinical effects
- Resuscitator
- Making detailed observations of the patient
- Spinal injuries
- Symptoms, treatment
- Burns, scalds, effects of heat and cold, and electrical injuries
- Treatment of burns, scalds, effects of heat and cold, and electrical injuries
- Closed fractures, sprains, and muscle injuries
- Treatment of fractures, sprains, and muscle injuries
- Medical advice over the radio
- Pharmacology
- Cardiac arrest, drowning, and choking

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**Exam** Written examination.  
Passed exam is valid for 60 months.