

## MBS110

## **Survival Suit Course**

Duration	4 hours
Target group	A course for businesses and delegates that are interested in practical skills and extra knowledge about the survival suit.
Prerequisites	None.
Objective	On completing the course, participants should be able to dress in a survival suit and perform different survival techniques.
Contents	Theory: Important factors for surviving in rough sea including the survival suits qualities. Practical exercises: Dress in a survival suit and perform a correct buddy check. Perform formations suited in different weather conditions and realistic exercises in water.
	Perform formations suited in different weather condition. Include realistic exercises.
Exam	None.