

Course code	FSC122
Course name	Basic Safety training refresher for helicopter crew incl. the use of HABD
Duration	2 days
Target group	Civil crew/SAR-service who needs to stay offshore while in service.
Prerequisites	Basic Safety Training according to Norwegian Oil and Gas no older than 4 years, and training according to JAR-OPS 3/EASA no older than 3 years.
Objective	<p>(JAR-OPS3/EASA) Delegates should build competence and knowledge about preparations for emergency landings on water, as well as the ability to evacuate efficiently and independently from a helicopter both above and below water.</p> <p>Delegates should be able to:</p> <ul style="list-style-type: none"> -Evacuate a submerged helicopter both with and without the use of HABD -Lead an evacuation of passengers and crew to a raft from a ditched helicopter -Prepare and perform lifesaving first aid, as well as fight/put out small fires onboard the helicopter. <p>(NOROG)</p> <ul style="list-style-type: none"> -Evacuate a helicopter independently with the use of a re-breathing system (pax) -Perform lifesaving first aid, put out small fires and master sea survival in rough seas as well as different means of evacuation according to NOROG's curriculum.
Contents	<p>Theory:</p> <ul style="list-style-type: none"> - Preparations for crew and passengers before an emergency landing - Procedures for evacuation - Emergency equipment and systems in the helicopter -Sea survival and means of evacuation. <p>Practical:</p> <ul style="list-style-type: none"> -Organising evacuation from helicopter into life raft -Underwater evacuation from helicopter simulator with re-breather system -Water accustomisation in shallow waters, with and without the use of HABD -Underwater evacuation from helicopter simulator with and without the use of HABD -Lifesaving first aid with CPR -Fire fighting with handheld extinguisher and small fire hose -Staying at sea in survival suits -Use of emergency equipment.
Exam	A written test is completed before the practical training with HABD begins. Upon completion of the course, delegates are given a certificate according to JA OPS 3/EASA and NOROG. Delegates have to participate in all exercises to pass the course.