FSC122

Basic Safety training refresher for helicopter crew incl. the use of HABD

| Duration | 2 days |
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| Target group | Civil crew/SAR-service who needs to stay offshore while in service. |
| Prerequisites | Basic Safety Training according to Norwegian Oil and Gas no older than 4 years, and training according to JAR-OPS 3/EASA no older than 3 years. |
| Objective | (JAR-OPS3/EASA) Delegates should build competence and knowledge about preparations for emergency landings on water, as well as the ability to evacuate efficiently and independently from a helicopter both above and below water. Delegates should be able to: -Evacuate a submerged helicopter both with and without the use of HABD -Lead an evacuation of passengers and crew to a raft from a ditched helicopter -Prepare and perform lifesaving first aid, as well as fight/put out small fires onboard the helicopter. (NOROG) -Evacuate a helicopter independently with the use of a re-breathing system (pax) -Perform lifesaving first aid, put out small fires and master sea survival in rough seas as well as different means of evacuation according to NOROG's curriculum. |
| Contents | Theory: - Preparations for crew and passengers before an emergency landing - Procedures for evacuation - Emergency equipment and systems in the helicopter -Sea survival and means of evacuation. Practical: -Organising evacuation from helicopter into life raft -Underwater evacuation from helicopter simulator with re-breather system -Water accustomisation in shallow waters, with and without the use of HABD -Underwater evacuation from helicopter simulator with and without the use of HABD -Lifesaving first aid with CPR -Fire fighting with handheld extinguisher and small fire hose -Staying at sea in survival suits -Use of emergency equipment. |

Exam

A written test is completed before the practical training with HABD begins. Upon completion of the course, delegates are given a certificate according to JA OPS 3/EASA and NOROG. Delegates have to participate in all exercises to pass the course. Passed exam is valid for 48 months.