

<b>Course code</b>	01PNI319R
<b>Course name</b>	Fallsikring/redning repetisjon (8t)
<b>Duration</b>	8 hours
<b>Target group</b>	The training is adapted for personnel who are part of the fall protection / rescue team on board an installation but also for personnel who want a basic understanding of the use of fall protection / rescue equipment
<b>Prerequisites</b>	Basic fall protection and rescue NO. 113
<b>Objective</b>	The objective of the training is that the person who is given training is fully updated on all new factors that are related to fall arrests and at the same time have undergone previously practiced methods.
<b>Contents</b>	Introduction regulations Review of accidents and incidents The rescue Equipment Routines when working at height Risk assessment Management, injury site Stress and stress management Pendulum, CPR rescue Exercises Evaluation
<b>Exam</b>	Theoretical test