

OSP312

## NR-33 - Periodic Training for Entrants, Watchman and Supervisors of Confined Space - 8h

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<b>Duration</b>	1 day
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<b>Target group</b>	Authorized Workers, Watchman and Entry Supervisors that are recycling the certification of Confined Space accordantly with NR-33.
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<b>Prerequisites</b>	<ul style="list-style-type: none"><li>- RG and CPF;</li><li>- Passport (expatriate);</li><li>- Occupational Health Certificate (ASO) or certificate of good physical and mental health conditions including working at heights and confined space.</li><li>- Previous Certification of Confined Space 16h, Confined Space 40h or Confined Space 8h, according to NR-33.</li></ul>
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<b>Objective</b>	To refresh knowledge and procedures in Confined Space entrance for authorized workers, watchman and supervisors.
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<b>Contents</b>	<p>Theory: 4 hours</p> <ul style="list-style-type: none"><li>• Definitions;</li><li>• Recognition, Assessment and Control of Risks;</li><li>• Operation of Equipment Used;</li><li>• Procedure and Use of the Entry and Work Permit;</li><li>• Update Rescue and First Aid Notions;</li><li>• Collective and Individual Protection Equipment;</li><li>• Gas Detection;</li><li>• Types of Ventilation;</li><li>• Mechanical Ventilation Equipment;</li><li>• Lighting System;</li><li>• Communication System.</li></ul> <p>Practical: 04 hours</p> <ul style="list-style-type: none"><li>• Practical Entry in Confined Spaces of Different Layout with Horizontal and Vertical Access to Perform Simulated Activities Commonly Found in the Industry.</li></ul> <p>Note: Supervisors, entrants and watchman will assume their functions during practical exercises.</p> <p>Technical Reference: NR-33; NBR 16.577:2017; NBR 14.606:2013; OSHA 29 CFR 1910.146 and NFPA 1670.</p>
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<b>Exam</b>	<p>The students will be evaluated through direct observation.</p> <p>Validity: 1 year</p>
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