

OSP312

NR-33 - Periodic Training for Entrants, Watchman and Supervisors of Confined Space - 8h

Duration	1 day
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Target group	Authorized Workers, Watchman and Entry Supervisors that are recycling the certification of Confined Space accordantly with NR-33.
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Prerequisites	<ul style="list-style-type: none">- RG and CPF;- Passport (expatriate);- Occupational Health Certificate (ASO) or certificate of good physical and mental health conditions including working at heights and confined space.- Previous Certification of Confined Space 16h, Confined Space 40h or Confined Space 8h, according to NR-33.
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Objective	To refresh knowledge and procedures in Confined Space entrance for authorized workers, watchman and supervisors.
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Contents	<p>Theory: 4 hours</p> <ul style="list-style-type: none">• Definitions;• Recognition, Assessment and Control of Risks;• Operation of Equipment Used;• Procedure and Use of the Entry and Work Permit;• Update Rescue and First Aid Notions;• Collective and Individual Protection Equipment;• Gas Detection;• Types of Ventilation;• Mechanical Ventilation Equipment;• Lighting System;• Communication System. <p>Practical: 04 hours</p> <ul style="list-style-type: none">• Practical Entry in Confined Spaces of Different Layout with Horizontal and Vertical Access to Perform Simulated Activities Commonly Found in the Industry. <p>Note: Supervisors, entrants and watchman will assume their functions during practical exercises.</p> <p>Technical Reference: NR-33; NBR 16.577:2017; NBR 14.606:2013; OSHA 29 CFR 1910.146 and NFPA 1670.</p>
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Exam	<p>The students will be evaluated through direct observation.</p> <p>Validity: 1 year</p>
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