

## NR-33 - Entry Supervisor Training in Confined Spaces - 40h

<b>Duration</b>	5 days
<b>Target group</b>	Confined space entry supervisor, safety engineers or technicians or others authorized by the companies.
<b>Prerequisites</b>	<ul style="list-style-type: none"> <li>- RG and CPF</li> <li>- Passport (expat)</li> <li>- Occupational Health Certificate (ASO) or certificate of good physical and mental health conditions.</li> </ul>
<b>Objective</b>	To introduce the students to work in the stages through definition of confined spaces, providing knowledge about risks, its evaluation and control in accordance with the NR33.
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Objective;</li> <li>• Terms and Definitions;</li> <li>• Safety and Methodology in Confined Spaces;</li> <li>• Confined Space Recognition;</li> <li>• Procedures and Use of Entry and Work Permission;</li> <li>• Recognition, Evaluation and Control of Risks;</li> <li>• Criteria for Indication and Use of Equipment for Risk Control;</li> <li>• Functioning of Equipment for Confined Space Work;</li> <li>• Collective and Individual Protection Equipment;</li> <li>• Notions of Rescue;</li> <li>• Basic First Aid;</li> <li>• Knowledge about Safe Practices in Confined Space;</li> <li>• Practice of Entry in Confined Spaces of Different Layout with Horizontal and Vertical Access to Perform Simulated Activities Commonly Found in the Industry;</li> <li>• Safety and Health Legislation for Confined Space;</li> <li>• Occupational Health for Confined Spaces;</li> <li>• Gas Detection;</li> <li>• Types of Ventilation;</li> <li>• Mechanical Ventilation Equipment;</li> <li>• Lighting System;</li> <li>• Communication System;</li> <li>• Respiratory Protection Program;</li> <li>• Classified Areas;</li> <li>• Recommendations for Job Execution in Confined Spaces;</li> <li>• Confined Space Rescue Operations;</li> <li>• Practice of Rescue in Confined Spaces of Different Layout with Horizontal and Vertical Access.</li> </ul> <p>Technical Reference:</p> <ul style="list-style-type: none"> <li>• NR-33; NBR 16.577:2017; NBR 14.606:2013; OSHA 29 CFR 1910.146 and NFPA 1670.</li> </ul>
<b>Exam</b>	Students will be assessed through direct observation during practical

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activities.

Validity: 1 year