

**OSE303** 

## **Confined Space Rescue Training**

**Duration** 2 days

**Target group** Intended to the emergency response team members who will perform

rescue operation in confined spaces.

- RG and CPF **Prerequisites** 

- Passport (expat)

- Occupational Health (ASO) or certificate of good physical and mental

health conditions.

Certificate of Confined Space 16 or 40 hours/8 hours accordantly to NR-33

**Objective** This training intends to present a set of definitions, skills and procedures

necessary for the operation of a rescue emergency situation in confined space. It also intends to present safety and protection procedures for rescuers, correct use and selection of appropriate equipment and the proper handling, stabilization and removal of victims in height. Finally, to meet the legal and contractual requirements in national and international

ambits related to confined space rescue operations.

Theory – 4 hours • Legislation **Contents** 

Emergency and Rescue

• Confined Space Rescue Team

• Incident Response Plan and Work Permit

Equipment for Rescue in Confined Spaces
Atmospheric Evaluation
Respiratory Protection

Preparation for Rescue

Accessing the Casualty

Assessment of the Level of Consciousness

• Cardiopulmonary Arrest (CPA) and Cardiopulmonary Resuscitation (CPR)

• Injuries (Fracture and Burns); Immobilization (of Fractures) and Bleeding

Containment

Preparing the Casualty for Rescue

Practical - 12 hours

Respiratory Protection

Inspection and Selection of Equipment

• Planning and Preparation of a Rescue Plan

Horizontal victim rescue (With and Without Breathing Protection)

Vertical victim rescue

N/A Exam

Validity: N/A