

CPSO - Medical First Aid Course

Duration	52 Hours
Target group	Workers and professionals in the offshore segment responsible for elementary first aid care on board.
Prerequisites	- RG and CPF; - Passport (expatriate); - Be more than eighteen (18) years old; - Occupational health certificate (ASO) or certificate of good physical and health condition; - Have completed the CBSP - Platform Basic Safety Course within the last five (5) years.
Objective	Qualify the student for the task of first aid care on board, in accordance with item 5.6.2.4 of Resolution A-1079(28) of 04/12/2013, International Maritime Organization, Section A-VI/4 and Table A-VI/4-1 of the STCW Code.
Contents	First Aid – 18 hours 1.Importance of First Aid on Board – 01 hour 2.First Aid Concept – 01 hour 3.Basic Steps In First Aid – 01 hour 4.Vital Functions – 01 hour 5.Vital Signs and Signs of Support – 01 hour 6.Cardiopulmonary Arrest – 04 hours 7.Bleeding – 03 hours 8.Burns – 02 hours 9.Food Poisoning – 01 hour 10.Circulatory Alteration – 01 hour 11.Foreign Bodies – 01 hour 12.Transportation Of Casualties – 01 hour Practice of First Aid – 10 hours 1.Soft Tissue Injuries – 03 hours 2.Trauma-Orthopedic Injuries – 04 hours 3.First Aid Kit – 03 hours Health Management – 20 hours 1.Health Management On Board – 10 hours 2.Management of the Infirmary On Board – 06 hours 3.Management of the Pharmacy On Board – 04 hours Reserve time – 02 hours Exam time – 02 hours Legislation: Item 5.6.2.4 of Resolution A-1079(28) of 04/12/2013, International Maritime Organization, Section A-VI/4 and Table A-VI/4-1 of the STCW Code.
Exam	Multiple choice exam with minimum passing grade of 60%.

Validity: N/A