

## Sea Survival for Wind Energy

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**Duration** 30 minutes

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**Target group** Personnel who will be working in the wind industry or related fields, and will carry out their duties in a wind turbine environment, usually in physical contact with a wind turbine or offshore wind structure.  
Personnel that perform job functions that have been risk assessed by their employer or workplace, where training according to one or more modules of the BST standard may mitigate the identified risks.

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**Prerequisites** No prerequisites are required to sit this course.

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**Objective** LO1: Explain global and national legislation  
LO2: Explain the consequences of incorrect manual handling  
LO3: Describe typical muscular and skeletal injuries to the back and shoulders related to manual handling  
LO4: Explain the importance of early detection and treatment  
LO5: Describe typical injury reporting methods  
LO6: Explain how risk assessments are used with manual handling tasks  
LO7: Explain the T.I.L.E principle, and how to mitigate aggravating factors and risks  
LO8: Explain the risks and hazards of Manual Handling, relevant to the job functions within the wind industry and how to avoid them.

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**Contents** The aim of this course is to provide an awareness of the basics of manual handling in Wind Energy environments. You will gain an understanding of the associated knowledge and theory components on legislation, behavioural safety, spinal anatomy, posture and planning.

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**Exam** The assessment is taken during the course and is within the expected duration.