

Safe Working At Height / Elevated Work (Operation-Advance) - SMEP

Duration	1 day (40 % Practical)
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Target group	This course is designed for personnel who work at height supervising, installing, creating and using elevated platform where there is a risk of a fall liable to cause personal injury. This includes the work of scaffolders, plant operators, construction workers and maintenance personnel.
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Prerequisites	All delegates must be in possession of a valid medical certificate.
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Objective	During the course delegates will gain a basic level of understanding of the applicable legislation, the potential hazards and PPE requirements related to Working at Height. delegates will also demonstrate safe practices while working at height.
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Contents	<p>Principles of Working at Height</p> <p>Activities relating to Working at Height</p> <p>Equipment used for Working at Height</p> <p>Application of equipment for Working at Height</p> <p>Safe practices while Working at Heights</p> <p>PPE required for Working at Height</p> <p>Harness, Carabiner & Lanyard Inspection</p> <p>Anchorage & Tie-off position</p>
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Exam	N/A
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