

Working At Height Level 2

Duration	1 Day
Target group	This course is designed for personnel exposed to working at height where there is a risk of a fall liable to cause personal injury. This includes the work of scaffolders, plant operators, construction workers and maintenance personnel.
Prerequisites	Delegates must be in possession of a valid medical certificate and have undergone working at height level 1.
Objective	During the course delegates will gain a basic level of understanding of the applicable legislation, the potential hazards and PPE requirements related to Working at Height. Participants will also demonstrate safe practices while working at height.
Contents	<p>Equipment used for Working</p> <p>PPE required for Working at Height</p> <p>Inspection of Personal Fall Protection equipment</p> <p>Donning of Personal Fall Protection equipment</p> <p>Application of equipment for Working at Height</p> <p>Safe practices while Working at Heights</p> <p>Practical of Working at Height :</p> <ul style="list-style-type: none">-Ascending and Descending step ladder's-3 Points Contact-Tie-Off Procedure-Single and Double Lanyards Application
Exam	N/A