

Working At Height Level 1

Duration 1 Day

Target group This course is designed for personnel exposed to working at height where there is a risk of a fall liable to cause personal injury. This includes the work of scaffolders, plant operators, construction workers and maintenance personnel.

Prerequisites All delegates must be in possession of a valid medical certificate.

Objective During the course delegates will gain an awareness of the applicable legislation, the potential hazards and PPE requirements related to Working at Height.

Contents

- Principles of Working at Height
- Activities related to Working at Height
- Legislation - Act, Regulations, Guidelines relating to Working at Height
- Hazards related to Working at Height
- Hazard Management & Control
- Equipment used for Working at Height and its application
- PPE required for Working at Height

Exam N/A