

## OSCMY069

## **Fundamentals of Health and Safety at Work**

**Duration** 1 Day

This course is designed for all workers, occupational health & safety **Target group** 

officers and managers in promoting safe working procedures

**Prerequisites** Reasonable proficiency in English

**Objective** Module 1 Definition of Hazards and Risks

Explain why it is important to work safely Identify everyone's responsibilities in relation to safety and health in the

workplace

Module 2 Introduction to Health and Safety at Work

Define key terms in Safety and Health Identify the general workplace hazards and risks, their impact and how to

control them

Module 3 Hazard Identification

Identify specific workplace hazards and risks, their impact and how to

control them

Module 4 Enhancing Safety Performance Identify ways safety, health and wellbeing are managed and improved

within the workplace.

Explain the term pandemic, chain of infection and control measures

**Contents** 

Not Applicable Exam