

Basic Emergency First Aid

Duration	1 Day
Target group	This course is designed for personnel designated as emergency First Aiders on facilities located onshore and offshore.
Prerequisites	All delegates must be in possession of a valid medical certificate.
Objective	During the course delegates will gain a basic level of understanding and demonstrate to a level of competence all aspects of emergency first aid.
Contents	Principles of First Aid Assessment of casualties and threats to own Safety Body Structure and Functions Cardio Pulmonary Resuscitation (CPR) Bleeding and Wounds Management of Shock Burns and Scalds Fractures and Dislocations Transport of Casualties Bandages and use of Emergency First aid Kit Use of Oxygen Resuscitator
Exam	N/A