

## OPITO Rigger Initial Training with Sparrows

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**Duration** 3 Days

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**Target group** The Rigger Initial Training is for anyone who has little or no experience in rigging and lifting operations.

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**Prerequisites** There are no prerequisites for the Rigger Initial Training.

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**Objective** The aim of the course is to provide candidates with knowledge of rigging principles, general hazards and risks of rigging and lifting operations, an awareness of relevant legislation and regulation, and an opportunity to practice basic rigging operations and follow a lifting plan in a safe environment.

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**Contents** Training is delivered through a mix of ongoing theoretical and practical elements designed to give delegates the chance to practice rigging and lifting operations.

The course is focused on the following areas:

- Roles and responsibilities of a rigger
  - Health and safety legislation
  - LOLER and PUWER regulations
  - Work hazards and PPE
  - Lifting plans, risk assessments and preparing to lift
  - Lifting operations including varied lifting techniques for challenging environments
  - Post-lift best practice and procedures
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**Exam** OPITO accredited Rigger Initial Training certification is awarded on successful completion of all theoretical and practical elements to demonstrate knowledge and understanding of the course content.

Candidates then receive their logbook for stage 2 to carry out workplace experience under supervision. Once that is completed they can progress to the stage 3 assessment.

The certification is valid for two years. If the stage 2 logbook and stage 3 assessment are not successfully completed during this time the candidate will need to undertake the three-day stage 1 course again.