

First Aid CPR and AED with certification NSC

Duration 1 Day

Target group Our course First Aid, CPR & AED has been designed using extensive research and educational testing to improve skill mastery and long-term retention.
This course is taught in a dynamic and hands-on way with industry leading curriculum and content from the expert in occupational first aid training.

Prerequisites

Objective Upon completion of the course the delegate will be able to:

- Recognize an emergency
- Act appropriately and effectively
- Sustain life until professional help arrives.

Contents

- Acting in an Emergency
- Preventing Disease Transmission
- Check the Victim
- Recovery Position
- Choking
- Bleeding and Wound Care
- Shock
- Burns
- Bone, Joint and Muscle Injuries
- Head and Spine Injuries
- Sudden Illness
- Poisoning and Allergic Reactions
- Cold and Heat Emergencies
- CPR and AED
- Choking
- Rescuing and Moving Victims

Exam Delegate will be assessed by exam