

## Standard First Aid

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**Duration** 2 days / 16 hrs

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**Target group** Industry, Offshore, Marine

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**Prerequisites** No current prerequisites for this course.

**ITEMS REQUIRED FOR TRAINING:**

- When checking in for training, please have your GOVERNMENT ISSUED PHOTO ID with you (ie: Passport or Drivers Licences, etc.)

PLEASE NOTE: Certificates CANNOT be issued unless valid Government issued ID has been presented on Day 1 of training for all RONC courses, including OPITO approved training.

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**Objective** Upon successful completion of all training components, in accordance with the Training Standard, trainees will receive a Red Cross or St. John Ambulance certificate that is valid for three (3) years.

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**Contents** The standard level first aid courses are 2 day courses. Day one covers all the essentials of Emergency First Aid level courses. Then on the second day you learn to recognition and the proper response to a wide variety of first aid emergencies, until medical help arrives.

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**Exam**