

OFA801

## Emergency First Aid

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**Duration** 1 day

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**Target group** Offshore, Marine, Industry

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**Prerequisites** ITEMS REQUIRED FOR TRAINING:  
- When checking in for training, please have your GOVERNMENT ISSUED PHOTO ID with you (ie: Passport or Drivers Licences, etc.)

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**Objective** Upon successful completion of all training components, in accordance with the Training Standard, trainees will receive a Red Cross or St. John Ambulance certificate that is valid for three (3) years.

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**Contents** The Emergency First Aid is a 1 day course. The course will prepare you with basic lifesaving skills. Once completed you will have the skills to recognize and respond to life threatening emergencies until medical help arrives.

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**Exam** Yes