

## Emergency First Aid

<b>Duration</b>	1 day
<b>Target group</b>	Offshore, Marine, Industry
<b>Prerequisites</b>	ITEMS REQUIRED FOR TRAINING:  - When checking in for training, please have your GOVERNMENT ISSUED PHOTO ID with you (ie: Passport or Drivers Licences, etc.)
<b>Objective</b>	Upon successful completion of all training components, in accordance with the Training Standard, trainees will receive a Red Cross or St. John Ambulance certificate that is valid for three (3) years.
<b>Contents</b>	The Emergency First Aid is a 1 day course. The course will prepare you with basic lifesaving skills. Once completed you will have the skills to recognize and respond to life threatening emergencies until medical help arrives.
<b>Exam</b>	Yes