

Refresher Offshore First Aid (NOGEPA 2.2B)

Duration	2 days
Target group	Intended for: Everyone who is designated to perform first aid tasks in a first aid organization at a mining installation.
Prerequisites	The delegate should be in the possession of a valid Nogepa 2.2 basic certificate, registered in the Personal Safety Logbook, or a valid "Oranje Kruis Certificaat". Also accepted for the refresher course is a valid physician registration or a valid "BIG" registration for medics.
Objective	Objective: at the end of the course, the participant should have the required knowledge and skills in order to be able to: - render first aid to victims of accidents or acute sick persons at a mining installation; - accompany sick or wounded persons during transport from the workplace to the shore; - co-ordinate and assist in case of serious accidents with several victims; - manage the first aid equipment at the mining installation; - communicate effectively with the back-up doctor ashore and perform first aid actions on directions of this doctor.
Contents	Refreshing learning targets: - basic principles of rendering first aid; - stop bleeding; - simple wound treatment; - immobilize fractures; - first aid at shock; - cardio-pulmonary reanimation; - first aid for unconscious patients; - immobilization of patients with suspected back and/or neck injury; - first aid at drowning; - first aid at hypothermia; - personal hygiene before treating open wounds - preparations for transport of wounded/sick persons; - use of first aid equipment; - use of trauma scale; - communication and radio medical advice; - giving injections into a muscle on indication of a physician; - operating an automatic external defibrillator; - keep medical administration up to date.
Exam	Assessment on knowledge and skills.