

## Basic Offshore First Aid (NOGEP A 2.2A)

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**Duration** 4 days

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**Target group** Intended for: Everyone who is designated to perform first aid tasks in a first aid organization at a mining installation.

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**Prerequisites** No prerequisites required.

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**Objective** The Offshore First Aid course is intended for personnel working in the Dutch continental shelf who are a member of an Emergency Response Team specialized in First Aid. A team member will provide assistance to the on board Medic if required but also give Basic First Aid and some Medical Treatment if there is no Medic available. He can also provide First Aid or Medical Treatment while waiting for a Medic or Paramedic.

Objective: at the end of the course, the participant should have the required knowledge and skills in order to be able to:

- render first aid to victims of accidents or acute sick persons at a mining installation;
- accompany sick or wounded persons during transport from the workplace to the shore;
- co-ordinate and assist in case of serious accidents with several victims;
- manage the first aid equipment at the mining installation;
- communicate effectively with the back-up doctor ashore and perform first aid actions on directions of this doctor.

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**Contents** Learning targets:

- basic principles of rendering first aid;
- stop bleeding;
- simple wound treatment;
- immobilize fractures;
- first aid at shock;
- cardio-pulmonary reanimation;
- first aid for unconscious patients;
- immobilization of patients with suspected back and/or neck injury;
- first aid at drowning;
- first aid at hypothermia;
- personal hygiene before treating open wounds
- preparations for transport of wounded/sick persons;
- use of first aid equipment;
- use of trauma scale;
- communication and radio medical advice;
- giving injections into a muscle on indication of a physician;
- operating an automatic external defibrillator;
- keep medical administration up to date.

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**Exam** Assessment on practical skills and knowlegde.