

LFA216

English Red Cross extended First Aid course in class (20c hours)

Duration	3 days
Target group	This course is for anyone who wants to gain extended first aid knowledge and skills, or who has been designated for this by their employer
Prerequisites	No prior training is required for participation in the extended first aid course.
Objective	You learn to provide first aid at: Amputation, Stroke, Unconsciousness with breathing, Unconsciousness without breathing, Bleeding, Bone fractures, Burns, Diabetes, Epilepsy, Fainting, Skin wounds, Minor accidents, Bruises, Febrile convulsions, Shortness of breath, Insect and animal injuries, Mild traumatic brain injury, Neck and vertebral injury, Hypothermia, Dislocation, Eye damage, Overheating, Panic attack (hyperventilation), Chest pain, CPR & AED, Poisoning, Choking/suffocate, Sprains.
Contents	The extended First Aid course of the Red Cross elaborates more on the material about First Aid than the basic course. You also learn how to provide First Aid for more different accidents and injuries. These classroom training's prepare you for real life situations. Theoretical lessons will be alternated with practical assignments. After completing the extended First Aid course you will get a European certified Red Cross certificate. This certificate is valid for 2 years.
Exam	It is determined by observation of the instructor whether the training has been successfully completed. Upon successful completion, the participant receives the certificate.