

RBSBE012

## Generic Portable Power Ascender Equipment Lift Basic Training

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**Duration** 4 hours

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**Target group** The course is intended for customers transporting equipment using a Portable Ascender.

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**Prerequisites** /

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**Objective** During this practical basic course ActSafe Winch you will learn how to use the ActSafe winch correctly. We will exclusively use the winch as material lift.

The working methods made possible by the use of ActSafe Power ascenders become much simpler when it comes to complex work at height. Operations and inspections at height are often difficult, expensive and time consuming. Now, with the use of Power ascenders, this can be done efficiently and economically.

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**Contents** Equipment knowledge  
Ergonomics  
Personal safety  
Theory of working at height: relevant legal knowledge, personal protective equipment, forces, etc.

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**Exam**