

RSE001

## GWO Sea Survival

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**Duration** 1 day

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**Target group** GWO Sea Survival training is aimed at personnel who will be working in the wind industry or related fields and will have their duties in a wind turbine environment, usually in physical contact with a wind turbine or an offshore wind structure.

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**Prerequisites** From the 01st April 2023 a GWO Working at Height certificate must be held before attending this course.

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**Objective** The aim of GWO Sea Survival training is to teach delegates to support and care for themselves and others working in the industry by possessing Sea Survival knowledge and skills.

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**Contents**

- Demonstrate knowledge of dangers and symptoms related to hypothermia and drowning.
- Demonstrate understanding of the advantages and limitations of the different LSA, PPE and PFPE commonly used offshore in the wind energy industry and are able to don and use them accordingly.
- Demonstrate safe transfer from vessel to dock, vessel to foundation and vessel to vessel.
- Demonstrate knowledge of the emergency and safety procedures on installations, vessels and WTG.
- Demonstrate knowledge of SAR and GMDSS.
- Demonstrate recovery and First Aid treatment of a "man over board".
- Demonstrate evacuation from "WTG" to water by means of "Constant Rate Descender".
- Demonstrate individual and collective survival techniques at sea.

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**Exam** Upon completion of the course, delegates will be awarded with a GWO approved Sea Survival certificate. Certification is valid for 2 years. Prior to expiry delegates must retake GWO Sea Survival Training to remain certified.

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**Exam**