

GWO Manual Handling Refresher

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| Duration | 0.5 day |
| Target group | The aim of our GWO Manual Handling Refresher Training course is to encourage positive manual handling behaviour and train the delegate's ability to perform manual handling tasks in a safe manner in the wind turbine industry/environment. |
| Prerequisites | Delegates shall possess valid BST/ BSTR certificates or training records in WINDA for the relevant Modules prior to attending BSTR training. The Delegates shall also have a personal Delegate profile in WINDA and provide their own WINDA ID prior to completing the BST training. |
| Objective | <p>At the end of the module, delegates should be able to do the following:</p> <ul style="list-style-type: none">Demonstrate understanding of the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements of their geographic work locationIdentify aspects of their job tasks that could increase their risk of developing muscular/ skeletal injuriesDemonstrate understanding of safe practises of Manual Handling, including the correct handling of equipmentIdentify signs and symptoms of injuries related to poor Manual Handling techniques and have knowledge of reporting methodsDemonstrate a problem solving approach to Manual Handling in a wind turbine environmentDemonstrate Manual Handling risk reduction techniques |
| Contents | <p>Demonstrate understanding of the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements of their geographic location.</p> <p>Identify aspects of their job tasks that could increase a worker's risk of developing muscular/skeletal injuries.</p> <p>Demonstrate understanding of safe practices of Manual Handling, including the correct handling of equipment.</p> <p>Identify signs and symptoms of injuries related to poor Manual Handling techniques and have knowledge of reporting methods.</p> <p>Demonstrate a problem solving approach to Manual Handling in a wind turbine environment.</p> <p>Demonstrate Manual Handling risk reduction techniques.</p> |
| Exam | |