

RBS031

## Actsafe Equipment Lifting Training including ACX Power Ascender

Duration	5 hours
Target group	Any person that will use the ACX ActSafe ascender for lifting of equipment
Prerequisites	Any person attending this training must have a basic Work at Height Certificate
Objective	The purpose of this course is : to provide a thorough introduction with the ACX ascender and getting a good understanding of the function, pre use check and the correct care of the batteries that participants learn how to operate the ACX ascender and familiarize them with the standard equipment lifting setups and their general applications.
Contents	Tell the typical fields of application for ACX ascenders Explain to what ACX ascenders are approved Explain why and when ACX ascenders not must be used Explain the ACX safety guidelines Perform an introduction of an ACX ActSafe ascender and describe all parts and controls and its functions Explain how to take best care of the ACX battery and how they work in relation to the ascender Explain and demonstrate a pre use check of the ascender Explain and demonstrate the starting of the ascender Perform safe and appropriate rigging according to local regulation and best practice Explain and demonstrate correct rope feeding into the ascender Explain and demonstrate the 4 equipment lifting setups and what are they used for and what the advantages and disadvantages of each particular setup are Demonstrate a change between setups while maintaining a 100% tie off of ascender and equipment
Exam	Delegates who successfully complete the training course will be awarded a certificate of attendance that will be valid for 2 years

This course can be delivered at any of our training facilities in UK, or at customer premises (following review of facilities)