

Introduction to First Aid

Duration	45 Minutes
Target group	Other Industries (military; leisure; aviation; public; others; etc.)
Prerequisites	No prerequisites are required to sit this course.
Objective	<p>LO1: Explain different Basic Life Support guidelines LO2: Explain the relevant national and global legislation LO3: Explain the normal life conditions for the human body LO4: Explain the vital systems of the human body LO5: Explain safety in an emergency situation LO6: Explain how to manage an incident LO7: Explain the 'C'-A-B-C Principle LO8: Explain haemostasis of critical/catastrophic external haemorrhage LO9: Explain first aid for obstruction of airways LO10: Explain first aid for an unresponsive casualty LO11: Explain the theory and practice of AEDs LO12: Explain first aid for external and internal bleeding LO13: Explain shock LO14: Explain secondary survey LO15: Explain different incident types LO16: Explain minor to serious incidents LO17: Explain psychological First Aid</p>
Contents	<p>The course is available in the following languages: English; Indonesian; Bahasa Malay; Thai; Turkish</p> <p>The aim of this course is to provide the delegate with an awareness of key first aid basics. You will learn about the associated legislation, human anatomy, how to manage a first aid incident and lifesaving using primary and secondary survey methods.</p>
Exam	The assessment is taken during the course and is within the expected duration.