

## FOET with CAEBS

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<b>Duration</b>	1 Day
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<b>Target group</b>	All personnel who hold a valid BOSIET or FOET certificate, and who will be supplied with a compressed air emergency breathing system (CAEBS) during offshore helicopter travel.
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<b>Prerequisites</b>	<p>All delegates must hold a valid and in-date OPITO-approved BOSIET, BOSIET (with CAEBS), BOSIET (with EBS), TBOSIET, FOET, FOET (with CAEBS), FOET (with EBS) or TFOET certificate.</p> <p>Delegates must hold a valid OGUK (or equivalent) medical AND possess a certificate of fitness to undertake shallow water CAEBS training issued by a registered OGUK doctor</p> <p>OR</p> <p>A valid ENG 1 Seafarer Medical Fitness Certificate* (or equivalent)</p> <p>*please note, that if the Medical Fitness Certificate includes a restriction or is subject to conditions, the delegate must possess a statement from an appropriate registered practitioner stating that this does not result from a respiratory or ENT condition and that it is safe for the delegate to participate in shallow water CAEBS training.</p>
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<b>Objective</b>	The objective of this course is to provide all delegates with the opportunity to practice and demonstrate emergency response skills which are not possible to practise during drills, exercises and emergency training offshore.
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<b>Contents</b>	<p>The FOET with CAEBS training covers the following areas:</p> <p>Helicopter travel:</p> <ul style="list-style-type: none"><li>• Practical procedures for helicopter emergencies, with a focus on escaping from a helicopter during ditching</li><li>• Use of CAEBS in dry conditions and shallow water</li><li>• In water survival techniques</li></ul> <p>First aid:</p> <ul style="list-style-type: none"><li>• Emergency first aid procedures including CPR</li></ul> <p>Firefighting and self-rescue:</p> <ul style="list-style-type: none"><li>• Practical use of handheld fire extinguishers and self-rescue techniques to aid escape from low visibility and smoke filled areas</li></ul>
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<b>Exam</b>	<p>The course is a mix of both practical and theoretical sessions during which delegates will be required to demonstrate their knowledge and understanding of the course contents.</p> <p>Upon completion of the course, delegates will be awarded with an OPITO-approved FOET with CAEBS certificate.</p> <p>Certification is valid for 4 years. Prior to expiry delegates must undertake the FOET with CAEBS course to remain certified.</p>
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