

Offshore First Aid Refresher (HSE)

Duration	2 Days
Target group	This HSE approved training programme is designed to meet the refresher requirements for Offshore First Aiders as defined by the Offshore Installations and Pipeline Works (First-Aid) Regulations. The course is appropriate for personnel who hold Offshore First Aid certification and who will be designated First Aiders on Offshore installations.
Prerequisites	Delegates must be in possession of a current HSE approved Offshore First Aider certificate.
Objective	The course consists of classroom theory and practical exercise modules in first aid, and culminating in assessment by oral and practical examination of delegates against the required training outcomes. To ensure that the knowledge and skills of an offshore first-aiders do not deteriorate.
Contents	On completion of the course delegates will have Demonstrated their ability to perform emergency first-aid procedures safely, promptly and effectively. A revision and updating of techniques and procedures in Basic life support procedures and use and maintenance of oxygen equipment and Automatic defibrillators Control bleeding and manage the unconscious patient Recognise and treat shock, hypothermia, and immersion Treat injuries, burns, scalds and inhalation of hot gases and smoke Identification and safe use of Entinnox Dress and immobilise injured parts and perform follow-up treatment, i.e. redressing Identification and safe use of Entinnox Where appropriate receive demonstrations of new techniques and procedures
Exam	Delegates will be assessed against the learning outcomes by oral and practical examination or by written and practical examination. On successful completion of both written and practical examination, delegates will be issued a HSE Offshore First Aid Certificate which is valid for 3 years