

Offshore First Aid (HSE)

Duration 4 Days

Target group This HSE approved training programme is designed to meet the initial requirements for Offshore First Aiders as defined by the Offshore Installations and Pipeline Works (First-Aid) Regulations. The course is appropriate for personnel who will be designated First Aiders on Offshore installations.

Prerequisites There are no pre requisites for attending this training programme.

Objective The course consists of classroom theory and practical exercise modules in first aid, and culminating in assessment by oral and practical examination of delegates against the required training outcomes.

Contents On completion of the course delegates will have knowledge and will be able to

- Offshore legislation and regulations.
- Apply Basic life support procedures and use and maintenance of oxygen equipment and Automatic defibrillators
- Control bleeding and manage the unconscious patient
- Recognise and treat shock, hypothermia, and immersion
- Recognise and treat minor illness
- Know of poisons encountered offshore
- Treat injuries, burns, scalds and inhalation of hot gases and smoke
- Explain correct personal hygiene requirements in the treatment of wounds
- Dress and immobilise injured parts and perform follow-up treatment, i.e. redressing
- Demonstrate correct transport techniques of the sick and injured, including helicopter transport and patient management during flight.
- Identify and be familiar with the contents of first aid boxes and their proper use
- Effectively communicate and delegate activity during an emergency
- Perform simple record keeping functions.
- Identification and safe use of Entinnox

Exam Delegates will be assessed against the learning outcomes by oral and practical examination or by written and practical examination.

On successful completion of the written and practical examination, delegates will be awarded with a HSE Offshore First Aid Certificate which is valid for 3 years