

Workplace Hazards and Personal Safety

Duration	60 Minutes
Target group	Oil & Gas Industry
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Describe the hazards and controls of confined spaces LO2: Describe the hazards and controls of working at height LO3: Describe the hazards and controls of suspended loads LO4: Describe the hazards and controls of high-pressure systems and equipment LO5: Describe the hazards and controls of flammable and explosive atmospheres LO6: Describe the hazards and controls of moving and energised equipment LO7: Describe COSHH LO8: Describe the hazards and controls of manual handling LO9: Describe the hazards and controls of the mechanical handling of heavy equipment LO10: Describe the hazards and controls of vibration LO11: Describe safety critical equipment and their different uses LO12: Describe the hazards and controls of dropped objects LO13: Describe noise hazards and how to control them LO14: Describe the hazards and controls for slips, trips and falls LO15: Explain process safety LO16: Describe how you can be affected by fatigue LO17: Explain the IOGP Life Saving Rules LO18: Understand why you should use the correct PPE LO19: Understand how personal actions affect work and others while on site LO20: Describe the importance of communication and spatial awareness LO21: Explain the reasons for reporting systems and the importance of stopping the job LO22: Understand the role of safety committees and safety representatives
Contents	The course is available in the following languages: English; Bahasa Malay; Indonesian; Thai; Turkish This course on workplace hazards and personal safety, will inform you about the general hazards you will find offshore, how to evaluate them, and continue to carry out your duties as safely as possible.
Exam	The assessment is taken during the course and is within the expected duration.