

Confined Space Entry Training – Level 3

Duration	2 days
Target group	This course is aimed at persons working in confined spaces which have non-standard entries and which, in consequence, makes rescue difficult. It is likely that a hazard will be present at some time during the entry and will entail the use of self-contained open circuit breathing apparatus
Prerequisites	It is the responsibility of the employer or delegates to assess their ability and fitness to safely attend this training programme.
Objective	The course is designed for the delegates to acquire basic knowledge and skills through a combination of lecture presentations, group discussions, demonstrations, individual & team exercises utilising a confined space simulator based in accordance with the HSE confined space regulations. The training course has been designed to meet the Performance Criteria of the National Occupational Standards: Working in High Risk Confined Spaces
Contents	Relevant Legislation and Guidelines Classification of Confined Spaces Confined Space Hazards (including Oxygen Deficiency and Enrichment) Safe Working Procedures (including use of Confined Space Entry Permits/ Gas Monitoring and Atmospheric Testing/ Ventilation/ Communication methods) Equipment and Tools (including use of Gas Testers) Working in Teams (including Standby Persons/ Entrants/ Emergency Teams) Practical Exercise - Prepare to enter and work safely in high risk confined spaces Practical Exercise - Enter and exit confined spaces safely Procedures for dealing with emergencies (including the need for rescue plans) Purpose and requirements for using breathing apparatus Legislation covering BA The components and make up of a BA set Pre-use checks and tests Safe Use of BA and adhering to procedures After Use Checks Practical Exercise - Preparing and Using Self Contained Breathing Apparatus Practical Exercise - BA Walkaround Practical Exercise - Entry and Emergency Exit from Confined Space Knowledge Assessment
Exam	Successful delegates will be issued with a RelyOnNutech certificate of course completion Course are conducted at RelyOnNutech training centres at Aberdeen and Teesside

