

ECITB Manual Handling

Duration	0.5 days
Target group	This training standard is designed to meet the basic training and competence requirements for all personnel working within Engineering construction industry and any associated site or project infrastructure
Prerequisites	N/A
Objective	On successful completion of training the delegate will be deemed to have demonstrated individually, basic practical skills and the competence in: •Individual safe lifting techniques •Group safe lifting techniques
Contents	Relevant Health & Safety Legislation Manual Handling Hazards Physiology Manual Handling Operations Manual Handling Practical Exercises Knowledge Assessment
Exam	Assessment of the Learning Outcomes as per the ECITB standard will be assessed via a written question paper and via observation Delegates will be awarded an ECITB approved certificate which is valid for 3 years once they successfully pass the knowledge assessment and practical assessment. Course can be delivered at both Teesside and Aberdeen training centres