

1 Day Waterside Safety Awareness

Duration 1 Days

Target group "We make this course bespoke to the group taking the course to address specific issues near water:

- Anyone living or working near water
- Construction Workers
- Bars & Restaurants near water
- Barge Owners
- Parents
- Utilities
- Rail
- Civil Engineers
- Schools & Youth Groups"

Prerequisites N/A

Objective "Our Waterside Safety Awareness course is designed to provide personnel who may be working, living or participating in leisure activities near water with sufficient knowledge to be aware of the hazards created by this environment. Participants will develop an understanding of water self-rescue techniques, rescue equipment, waterside hazards, water behaviour and danger signs.

The course is split into theory and practical tasks. Delegates will get an in-depth theory session before venturing out to the dockside on our boat to learn basic rescue techniques. Our trainers can make this training bespoke to your industry, please let the team know your business's specifications.

Personnel working on the water or around water will discover that basic occupational water safety & rescue training is a requirement for managing safety.

The course is DEFRA compliant."

Contents "

- Appreciation of the power of water
- Understanding flood plains hydrology
- Changes in depth and speed of flow
- Recognising the warning signs
- Walking and wading through static water
- Walking and wading through fast flowing water
- Use of rescue equipment and PPE
- Throwing techniques
- Self-rescue techniques
- Casualty handling
- Disease and infections
- Fatigue and hypothermia"

Exam Practical Assessments