

First Aid/CPR/AED/Bloodborne Pathogens

Duration 4 hours

Target group This course is for Adult First Aid/CPR/AED training that also includes bloodborne pathogens.

The validity date for Adult First Aid/CPR/AED is 2 years and bloodborne pathogens is annual.

Prerequisites None

Objective Upon completion of this course, the delegate will be able to:

- Recognize a medical emergency.
- Make a decision to help.
- Identify hazards and ensure personal safety.
- Understand how/when to activate the EMS.
- Provide supportive, basic first aid care including CPR.
- Exhibit a level of awareness of the dangers of BBP and preventative measures of protection

Contents Basic Plus CPR/AED/First Aid

- Preparing to Help
 - * First Aid Provider
 - * Protecting Yourself
 - * Legal Considerations
 - * Calling for Help
 - * Emergency Moves
- CPR and AED
 - * Cardiac Arrest
 - * Chest Compressions
 - * Rescue Breaths
 - * Automated External Defibrillation
 - * Primary Assessment
 - * Caring for Cardiac Arrest
 - * Multiple Provider Approach to CPR
 - * Choking
- Assessment
 - * Primary Assessment (responsive person)
- Sudden Injury
 - * Control of Bleeding
 - * Shock
 - * Head, Neck, or Back Injury
 - * Swollen, Painful, or Deformed Limb
 - * Burns
 - * Minor Injuries
- Sudden Illness
 - * Altered Mental Status
 - * Breathing Difficulty , Shortness of Breath
 - * Pain, Severe Pressure, or Discomfort in the Chest
 - * Poisoning
- Environmental Emergencies

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- * Heat Emergencies
 - * Cold Emergencies

Bloodborne Pathogens

- OSHA Bloodborne Pathogens Standard
- Specific Bloodborne Pathogens (Hepatitis B Virus -HBV, Hepatitis C Virus-HCV, Human Immunodeficiency Virus-HIV)
- Hepatitis B Immunization
- Your Company's Exposure Control Plan (job classifications, communicating a hazard in the workplace, reducing the risk of exposure, managing an exposure)
- Transmitting bloodborne pathogens
- Methods of Control the Risks of Exposure (standard precautions, PPE)
- When an Exposure Occurs (post-exposure followup and prophylaxis-PEP)
- Housekeeping (regulated waste, contaminated laundry, decontaminating surfaces)

Exam

The delegate must successfully complete the performance criteria consisting of scene assessment, standard precautions, response assessment, EMS activation, breathing assessment, and performing CPR.