

STCW First Aid and CPR (HOUSTM-197)

Duration	1 day
Target group	Any applicant who has successfully completed your First Aid & CPR (HOUSTM-197) course will satisfy: The First Aid and CPR training requirements of 46 CFR 11.201(i)(I), provided that this training was completed within one year of the date of application; AND The Elementary First Aid standards of competence requirements of 46 CFR 11.302(a) (3) and 12.602(a)(3); AND The Elementary First Aid standards of competence required by STCW Code Section A-VI/1 and Table A-VI/1-3, as amended 2010, meeting the National Assessment Guidelines from NVIC 08-14(Ch-1) Tasks 4.1.A thru 4.9.A inclusive; NVICs 12-14(Ch-3) and 02-18 Task 19.3; and NVIC 13-14(Ch-2) Task 13.3.A. Applicants who have successfully completed your course need not present completed "Task Control Sheets" for these assessments in application for STCW certification.
Prerequisites	<p>The Code of Federal Regulations 46 CFR 10.403(a)(3) requires training to be administered entirely in the English language unless specifically approved to be presented in another language.</p> <p>Students must be able to read and write in English to take the written exam and successfully complete the course.</p>
Objective	The goal is to enhance safety and productivity in the maritime working environment by instilling the knowledge and skills appropriate to assist in a first aid emergency situation while aboard a vessel.
Contents	<p>The following topics will be covered during the training:</p> <ul style="list-style-type: none"> - First Aid Provider - Protecting Yourself - Legal Considerations - Calling for Help - Emergency Moves - Cardiac Arrest - Chest Compressions - Rescue Breaths - Automated External Defibrillation - Primary Assessment – Unresponsive Person - Caring for Cardiac Arrest - Multiple Provider Approach - Choking - Primary Assessment - Secondary Assessment - Control of Bleeding - Shock - Head, Neck, or Back Injury - Swollen, Painful, or Deformed Limb - Burns - Minor Injuries - Altered Mental Status - Breathing Difficulty, Shortness of Breath - Pain, Severe Pressure, or Discomfort in the Chest - Poisoning

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- Heat Emergencies
 - Cold Emergencies
 - OSHA Bloodborne Pathogens Standard
 - Specific Bloodborne Pathogens
 - Hepatitis B Immunization
 - Your Company's Exposure Control Plan
 - Transmitting Bloodborne Pathogens
 - Methods to Control the Risks of Exposure
 - When an Exposure Occurs
 - Housekeeping
 - Introduction
 - Delivery Systems
 - Pulse Oximetry
 - Oxygen Delivery
 - Other Considerations
 - Review Assessment
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Exam

In order to successfully complete this course, each student must obtain a grade percentage of not less than 70% on the Medic First Aid Exam and no less than 70% on demonstrations.

46 CFR 10.403(a)(4) requires a written examination. Course Instructors are not permitted to assist with taking written exams.