

GWO: Basic Safety Training (BST) Manual Handling

Duration	1/2 day
Target group	Personnel working in the wind industry or related fields needing to obtain their GWO BST Manual Handling Module certificate.
Prerequisites	All personnel participating in Basic Safety Training shall be medically fit and capable of fully participating.
Objective	The aims of this Module shall give the participants awareness through theoretical and practical training to encourage positive Manual Handling behavior and perform Manual Handling tasks in a safe manner in the wind turbine industry/environment, in accordance with GWO Manual Handling.
Contents	<p>The GWO Manual Handling module covers the following 9 lessons:</p> <ul style="list-style-type: none">• Introduction• Legislation• Risks and Hazards• Spinal Anatomy and Posture• Planning Lifts• Risk Control and Lifting Techniques• Behavioral Safety• Scenario-based training• Evaluation
Exam	Delegates shall be assessed according to the learning outcomes by means of direct observation and oral and/ or written questions, where appropriate.