

## Workplace Hazards and Personal Safety

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**Duration** 60 Minutes

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**Target group** Oil & Gas Industry

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**Prerequisites** No prerequisites are required to sit this course.

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**Objective**

- LO1: Describe the hazards and controls of confined spaces
- LO2: Describe the hazards and controls of working at height
- LO3: Describe the hazards and controls of suspended loads
- LO4: Describe the hazards and controls of high-pressure systems and equipment
- LO5: Describe the hazards and controls of flammable and explosive atmospheres
- LO6: Describe the hazards and controls of moving and energised equipment
- LO7: Describe COSHH
- LO8: Describe the hazards and controls of manual handling
- LO9: Describe the hazards and controls of the mechanical handling of heavy equipment
- LO10: Describe the hazards and controls of vibration
- LO11: Describe safety critical equipment and their different uses
- LO12: Describe the hazards and controls of dropped objects
- LO13: Describe noise hazards and how to control them
- LO14: Describe the hazards and controls for slips, trips and falls
- LO15: Explain process safety
- LO16: Describe how you can be affected by fatigue
- LO17: Explain the IOGP Life Saving Rules
- LO18: Understand why you should use the correct PPE
- LO19: Understand how personal actions affect work and others while on site
- LO20: Describe the importance of communication and spatial awareness
- LO21: Explain the reasons for reporting systems and the importance of stopping the job
- LO22: Understand the role of safety committees and safety representatives

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**Contents**

The course is available in the following languages: English; Bahasa Malay; Indonesian; Thai; Turkish

This course on workplace hazards and personal safety, will inform you about the general hazards you will find offshore, how to evaluate them, and continue to carry out your duties as safely as possible.

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**Exam**

The assessment is taken during the course and is within the expected duration.