

Standard First Aid, CPR and AED

Duration 1 day

Target group This course is designed to train individuals to initially evaluate and then stabilize the patient during a first aid emergency.

Prerequisites None

Objective Evaluation and stabilization is a critical time in management of patients, this course is intended to teach the basic skills and knowledge in first aid, CPR (Cardiopulmonary Resuscitation), and AED (Automated External Defibrillator).

Contents Delegates will undergo theoretical and practical training in the following subjects:

- Introduction
 - oUnderstanding Injuries
 - oThe Importance of First Aid
- Before Helping, Take the appropriate actions
 - oScene Size-up
 - oSeeking Medical Care
 - oLegal Aspects of First Aid
 - oPreventing Disease transmission
 - oFinding out What is Wrong
- Injury Emergencies
 - oBleeding Control
 - oWound Care
 - oBlisters
 - oNose, Tooth, Eye and Ear Injuries
 - oImpaled (embedded) injuries
 - oAmputations and avulsions
 - oHead Injuries
 - oSpinal Injuries
 - oChest Injuries
 - oAbdominal Injuries
 - oBone, Joint, and Muscle Injuries
 - oBurns
- Sudden Illnesses
 - oAsthma
 - oSevere Allergic Reactions (Anaphylaxis)
 - oHeart Attack
 - oStroke
 - oFainting
 - oDiabetic Emergencies
 - oSeizures
 - oShock
 - oPregnancy Complications
- Environmental Emergencies
 - oAnimal Bites
 - oSnakes and other reptile bites
 - oArthropod Bites & Stings
 - oMarine animal injuries
 - oHeat Related Emergencies

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- oCold related emergencies
 - oPoisoning
 - CPR and AED
 - oDifference between Heart Attack and Cardiac Arrest
 - oPerforming CPR
 - oCompression-Only CPR
 - oAirway Obstruction
 - oAutomated External Defibrillator
 - Emergency Rescues, Moves, and Priority
 - oEmergency Rescues
 - oEmergency Moves
 - oPrioritizing Multiple Injured People
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Exam

Delegates are assessed against relevant agreed competency standards of ECSI.

Should delegates fail to meet these standards, RelyOn Nutec shall provide additional coaching to provide the delegate with as much of an opportunity as possible to meet those requirements.