

## Benzene Awareness - OSHA Standards

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**Duration** 30 Minutes

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**Target group** Oil & Gas Industry  
29 CFR 1910.1028

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**Prerequisites** No prerequisites are required to sit this course.

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**Objective** LO1: Identify the characteristics of benzene  
LO2: Explain where benzene is found  
LO3: Describe the effects of exposure to benzene  
LO4: List the safety equipment that should be used to protect against the effects of benzene  
LO5: Describe the precautions to be taken to avoid exposure to benzene  
LO6: Outline the actions to be taken if exposed to benzene

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**Contents** The aim of this course is to inform you about benzene and where you may be exposed to it. This course also advises on what might happen if you are exposed and the precautions you and your employer can take to stay safe. Finally, this course offers guidelines on how to respond if exposure does occur.  
Employers should provide additional training when a new hazard/procedure/condition or piece of equipment is introduced into the workplace or "unscheduled" refresher training is recommended as directed to address inadequacies in knowledge and to address unsafe acts/deviations from procedures.

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**Exam** The assessment is taken during the course and is within the expected duration.