

RKK001

## Banksman and Slinger module 1.1/2.3

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**Duration** 3 days

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**Target group** Personnel using lifting gear in their work.

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**Prerequisites** None.

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**Objective** The aim of the course is to provide personnel working with lifting gear the knowledge to safely use, maintain and regulations, and well as daily maintenance, of different gears.

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**Contents** The course covers the following topics:

- Introduction
- Laws and regulations
- Work environment and procedures
- External environment
- Safety regulations when using work gear
- Introduction to dangerous goods, marking and handling
- Lifting gear
- Lifting gear tables overview
- Communication (use of signals and radio)
- Practical use of lifting gear
- Practical exercises
- Exam Module 1.1
- Exam Module 2.3

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**Exam** Written exam.