

OFABLE101

## **Basic First Aid with E-learning**

Duration	3 days + 6h online
Target group	Personnel who will have emergency duties as a first aider on board an offshore installation.
Prerequisites	Basic safety training
Objective	After completing the course, participants should be able to: Perform basic life-saving first aid in case of serious injury and illness. Assist nurses during examination and treatment of patients
Contents	E-learning: Organizing of preparedness Introduction to first aid Airways and respiratory function (A+B) Circulatory failure (C) fracture and fluid treatment Level of consciousness (D) and emergency medical conditions Cardiopulmonary resuscitation (CPR) Hypothermia, fire, caustic and electrical injuries Trauma patient - head, neck and back injury (ABCDE) Practice: Carrying out patient examination Assisting nurse Heart and lung rescue Treatment of fire, corrosion and electrical injuries Treatment of circulatory failure Treatment of a hypothermic person

Exam

Written