

OBSBLE048

Basic Safety Training - Refresher Course (English) with Adaptive E-learning

Duration 1 day + 7 hours e-learning

Target group Offshore personnel who have to repeat the Basic Safety and Emergency

preparedness training.

Valid Offshore Norway Basic Safety and Emergency preparedness training course or equal training according to the Recommended guidelines for **Prerequisites**

safety and emergency preparedness training 002.

Objective Update the course participants knowledge and ability to protect his/her

safety in an emergency situation and promote safe behaviour.

After completing the course, the participants should have maintained and updated knowledge and skills relating to:

-Correct safety behaviour

-Use of a hand-held fire extinguisher

-Lifesaving first aid -Use of escape chute

-Correct use of survival suit with emergency breathing system

-Helicopter evacuation (HUET)

Contents Introduction

Fire protection Sea survival First aid

Helicopter evacuation

The course mainly consists of practical training and drills.

HSE culture/behaviour training will be integrated in the entire course.

Exam None. Delegates need to participate in, and complete, all modules to pass

the course