

OBSBLE042

## Basic Safety Training - Refresher Course (English) with E-learning

---

<b>Duration</b>	eLearning + 1 day at center
-----------------	-----------------------------

---

<b>Target group</b>	Offshore personnel who have to repeat the Basic Safety and Emergency preparedness training.
---------------------	---

---

<b>Prerequisites</b>	Valid Offshore Norway Basic Safety and Emergency preparedness training course or equal training according to the Recommended guidelines for safety and emergency preparedness training 002.
----------------------	---

---

<b>Objective</b>	<p>Update the course participants knowledge and ability to protect his/her safety in an emergency situation and promote safe behaviour. After completing the course, the participants should have maintained and updated knowledge and skills relating to:</p> <ul style="list-style-type: none"><li>-Correct safety behaviour</li><li>-Use of a hand-held fire extinguisher</li><li>-Lifesaving first aid</li><li>-Use of escape chute</li><li>-Correct use of survival suit with emergency breathing system</li><li>-Helicopter evacuation (HUET)</li></ul>
------------------	---

---

<b>Contents</b>	<p>Introduction Fire protection Sea survival First aid Helicopter evacuation The course mainly consists of practical training and drills. HSE culture/behaviour training will be integrated in the entire course.</p>
-----------------	---

---

<b>Exam</b>	None.
-------------	-------