

OBS1065

## Basic Safety Training - Refresher Course (Norwegian)

---

<b>Duration</b>	2 days
-----------------	--------

---

<b>Target group</b>	Offshore personnel who need to repeat the basic training every four years.
---------------------	--

---

<b>Prerequisites</b>	Valid Norwegian Oil and Gas Basic Safety Training course or equivalent training valid according to Norwegian Oil and Gas Guideline 002.
----------------------	---

---

<b>Objective</b>	<p>The course aims to update the delegates' understanding and competence in order to ensure their own and other's safety, both while working and during a crisis.</p> <p>Upon completion, delegates should have maintained and updated their knowledge in the following areas:</p> <ul style="list-style-type: none"><li>- Safe behaviour</li><li>- Use of hand extinguisher</li><li>- Life saving first aid</li><li>- Using the escape chute</li><li>- Correct use of survival suit with re-breathing system</li><li>- Helicopter Underwater Escape Training (HUET)</li></ul>
------------------	--

---

<b>Contents</b>	<p>The course follows the training guidelines issued by Norwegian Oil and Gas, and covers the following topics:</p> <p>Preventive safety/ protective work Fire protection Sea survival First aid Helicopter evacuation with the use of a re-breathing system.</p> <p>The course mainly consists of practical training and exercises.</p>
-----------------	--

---

<b>Exam</b>	None. Delegates need to participate in, and complete, all modules
-------------	---